POLICY & PROCEDURE NUMBER:
DEPARTMENT: *Nursing* **SUBJECT:** ***Injections - Intramuscular***

APPROVAL DATE: **REVISION DATE: April 2004**
REVISION DATE: **REVIEW DATE: Dec. 2019; Dec. 2020; Mar. 2022; Mar. 2023**

PURPOSE: To inject medication ordered by the physician into the muscle.

EQUIPMENT:

1. Syringe (select appropriate size – e.g. 1ml or 3 ml)
2. Needle (select appropriate size – e.g. 1", ½ inch, 19 or 20 gauge)
3. Alcohol swab

PROCEDURE:	KEY POINTS:
1. Review doctor's order, review eMAR.	
2. Explain the procedure to resident and bring equipment to bedside. Screen resident	Check identification
3. Prepare medication ampoule or vial. Check medication for expiry date. Break stem, or cleanse top of rubber topped vial, withdraw dose as ordered by physician with syringe.	Use gauze to protect fingers. Withdraw specific dose only. Discard remains of ampoule in approved sharp container.
4. Wash hands	
5. Glove non-dominant hand.	
6. Select site for administration. Common sites are the deltoid or triceps muscles of the upper arm and the upper lateral quadrants of the buttocks.	
7. Cleanse skin with antiseptic (alcohol swab) and allow to air dry.	
8. Expel air from syringe and inject needle with a quick thrust at right angles to and through the skin and into the muscle. Aspirate before injecting medication.	If blood appears in the syringe, withdraw needle
9. Withdraw needle and apply pressure with alcohol swab.	
10. Dispose of needle and syringe in sharps	

container provided. DO NOT recap.	
11. Discard all disposable items.	
12. Wash hands	
13. Record on medication chart. Include specific information: drug, dosage, time	Document controlled medication on record provided for that purpose.
14. In the unfortunate event of a needle stick injury see "Needle Stick Policy" and immediately inform the Manager of Resident Care.	

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