

RESTRAINT VS. PERSONAL ASSISTANCE SERVICE DEVICE (PASD)

What is a Restraint?

A physical restraint is defined as any manual method, or any physical or mechanical device, material, or equipment, that does, or has the potential to restrict the resident's freedom of movement or normal access to his or her body.

What is a PASD?

A personal assistance service device (PASD) is a device used to assist a person with a routine activity of daily living. A PASD may limit or inhibit movement and may restrain a resident but is not considered a restraint if the intent for application of the device is to provide assistance with activities of daily living. (LTCHA s.33 (1-5); Reg 79/10 s.111 (1-2))

Ask yourself...

Why am I applying this device? How is this device being used?

Device 1

- Regular seatbelt applied to a wheelchair to support resident in a seating position
 - This is being used to support the ADL of sitting ⇒ therefore PASD
 - If the resident can undo this ⇒ still a PASD
 - If the resident cannot undo ⇒ still a PASD because it is being used to support the ADL of sitting
- Regular seatbelt applied to a wheelchair to prevent the resident from standing and walking
 - If the resident can undo ⇒ still a PASD
 - If the resident cannot undo ⇒ Restraint

Device 3

- 2 full bedrails or 2 half bedrails – elevated to assist the resident with bed mobility or, to protect the resident from falling out or, the resident asks the rails be up for 'security' ⇒ PASD as being used to support an ADL
- 2 full bedrails or 2 half bedrails – elevated to prevent the resident from climbing out (thus restricting freedom or movement) ⇒ Restraint

Device 2

- Pelvic restraint to support a resident, who has had a CVA with left sided weakness, in an upright position in a recliner chair and prevent the resident from toppling forward ⇒ PASD whether or not the resident can undo it on their own
- The same pelvic restraint is now applied to a resident who gets up on their own repeatedly and is at great risk for falls ⇒ Restraint

Device 4

- Geritable affixed to a wheelchair used to assist the resident to eat or complete an activity and is then removed directly afterwards ⇒ PASD
- If the same geritable is left in situ between meals, or applied to prevent the resident from getting up and walking ⇒ Restraint

STEP # 1

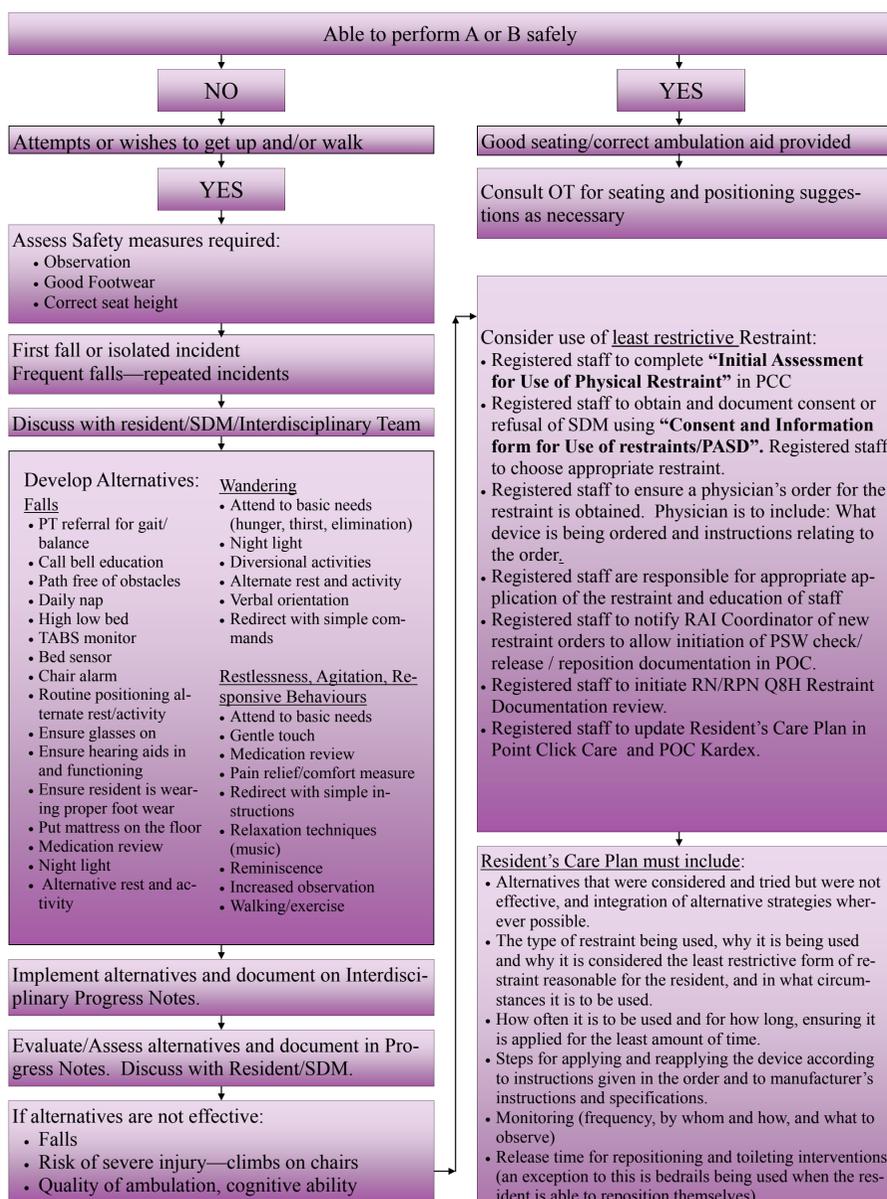
Determine why the device is to be used?

STEP # 2

Restraint

Algorithm for use of Restraint

OBSERVE THE RESIDENT: A. Getting into/out of the chair
B. Ambulating with or without a walking aid



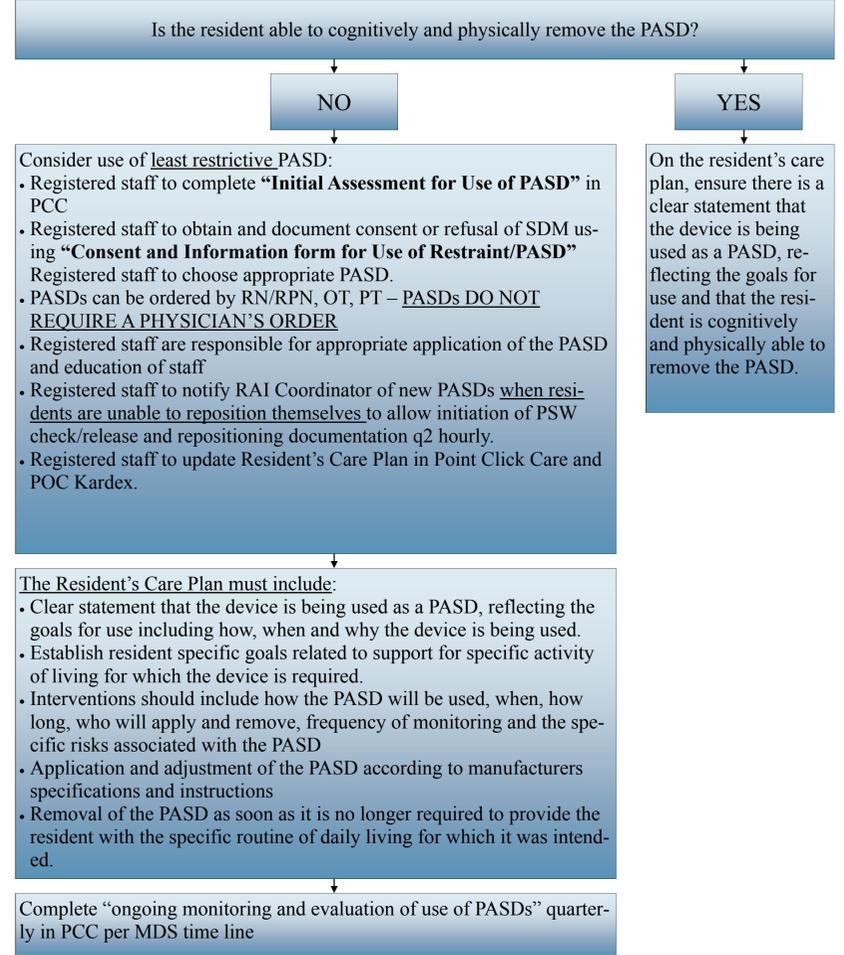
Common Law Duty:
In an emergency situation:

A restraint may be applied on the direction of a registered nursing staff only if application of a restraint is immediately necessary to prevent the resident from injuring him/herself or others provided that:

- All other appropriate alternatives have been tried and failed prior to restraint utilization
- Resident is monitored by the RN/RPN q15 minutes whilst restrained
- Restraint usage, rationale, resident response and monitoring are documented in the progress notes
- A verbal physician's order is obtained within 12 hours
- If the restraint is to be continued after 12 hours, obtain written physician's order and informed consent

PASD

Algorithm for use of PASD



In Summary / Requirements at a Glance			
	Restraint by Physical Device	PASD	Common Law Duty
Who can order or approve?	MD, RN (EC)	MD, RN, RPN, OT, PT	
Consent	Prior to application	Prior to application	Following use, explain the reason to resident / SDM
Application	Staff under instruction of MD, RN (EC)	Staff as outlined in plan of care	Immediate action to prevent serious bodily harm to the person or others
Reassessment	At a minimum q8hr by MD, RN (EC) or RN/RPN	At a minimum q6mos by interdisciplinary team	At a minimum q15min by MD, RN (EC) or RN/RPN
Monitoring	At a minimum q1hr by RN/RPN or authorized staff	As outlined in plan of care	Ongoing
Release/ repositioning	Minimum q2hr for repositioning	Minimum q2hrs if dependent on staff for repositioning	As necessary based on resident's condition or circumstances
Removal	As soon as no longer necessary	As soon as no longer required for activity of living	As soon as no longer necessary