


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Happy New Year</b></p> <p><b>January Hairdressing Hours</b>  Tues. 8:30-4:30  Thurs. 8:30-12:30  Fri. 8:30-4:30</p> <p><small>New Year's Day</small></p>	<p>10:00 Whole Home Fitness in Malahide Lounge</p> <p>1:15 Shuffleboard in Malahide</p> <p>2:30 LN Shuffleboard in the Nook</p>	<p>1:30 BINGO</p> <p>3:30 Ice Cream Cart</p> <p>6:00 Reminiscing New Year's Resolutions</p>	<p>9:45 LN &amp; LS Badminton &amp; Morning Stretches</p> <p>1:30 Spelling Bee in Malahide</p> <p>1:30 Bean Bag Toss in the Nook</p>	<p>10:00 Walks &amp; Individual Visits</p> <p>1:30 Hobby Hub in Malahide Lounge</p>	<p>10:30 Fitness and Trivia "Exercising Brain and Body"</p> <p><b>1:30-3:30 Live Entertainment with Cam Denomme</b>  -travelling home area to home area</p>	<p>10:00 Whiteboard Games In Malahide Lounge</p> <p>1:30 BINGO In the Dining Room</p>
<p><b>10:30 Live Entertainment with Susie Q: Hymns and More</b></p> <p>1:00 Lawrence Welk Show on Ch.18</p> <p>2:30 Flower Arranging In the Nook</p>	<p>9:30 Manicures, Hand Massage &amp; Individualized Leisure</p> <p>1:15 Resident's Council</p> <p>1:30 Shuffleboard in the Nook</p>	<p><i>Menomex Fish &amp; Chips Orders Due</i></p> <p><b>1:15 John Milles Entertains In Malahide Lounge</b></p> <p>3:30 Ice Cream Cart</p> <p>6:00 Big Money BINGO \$\$</p>	<p>10:00 Hymn Sing with Henry Helder</p> <p>2:00 Catholic Communion with Sister Mary</p>	<p>9:45 Badminton &amp; Morning Stretches</p> <p>1:30 Hobby Hub in Malahide Lounge</p>	<p>9:30 Winter Watercolour Painting In Malahide Lounge</p> <p>1:30 BINGO In the Dining Room</p>	<p><b>10:30 Piano Music with Tricia in Malahide Lounge</b></p> <p>2:00 Shuffleboard</p>
<p>10:30 Devotional and Hymn Sing</p> <p>1:00 Lawrence Welk Show on Ch.18</p> <p>2:00 Cognitive Crunches</p>	<p>9:30 Manicures, Hand Massage &amp; Individualized Leisure</p> <p>1:30 Shuffleboard in the Nook</p> <p><small>Martin Luther King Jr. Day</small></p>	<p>12:00 Order In: Fish &amp; Chips (\$12)</p> <p>1:30 BINGO</p> <p>3:30 Ice Cream Cart</p> <p><b>6:00 Pub Night with Brian on the Accordion</b></p>	<p>9:45 LN &amp; LS Badminton &amp; Morning Stretches</p> <p>1:30 Interactive Music with Anita May</p>	<p>9:30 Bean Bag Toss In the Nook</p> <p>1:30 Hobby Hub in Malahide Lounge</p>	<p>9:30 Leisure Cart with Shannon</p> <p>1:30 BINGO In the Dining Room</p>	<p>1:30 Bean Bag Toss In Lower North</p>
<p>9:45 Devotions &amp; Hymn Sing</p> <p>1:00 Lawrence Welk Show on Ch.18</p> <p>1:30 Shuffleboard</p> <p><small>Chinese New Year (Year of the Rabbit)</small></p>	<p>9:30 Manicures, Hand Massage &amp; Individualized Leisure</p> <p><b>1:15 Live Entertainment with Evan Thompson on the Piano</b></p> <p><small>Activity Professionals Week</small></p>	<p>1:30 BINGO</p> <p>3:30 Ice Cream Cart</p> <p>6:00 Games Night</p>	<p>9:45 LN &amp; LS Badminton &amp; Morning Stretches</p> <p>1:30 UNO Card Group</p>	<p>10:00 Java Music Club</p> <p>1:30 Hobby Hub in Malahide Lounge</p> <p><small>Australia Day (observed)</small></p>	<p>9:30 Leisure Cart with Shannon</p> <p>1:30 BINGO In the Dining Room</p>	<p>10:00 Whole Home Fitness</p> <p>1:00 Art Therapy Group 1 2:00 Art Therapy Group 2</p>
<p>10:00 Devotions and Hymn Sing</p> <p>1:00 Lawrence Welk Show on Ch.18</p> <p>1:30 Bean Bag Toss</p>	<p>9:30 Manicures &amp; Hand Massage</p> <p>1:30 Shuffleboard</p>	<p>1:30 Bingo</p> <p>3:30 Ice Cream Cart</p> <p><b>6:15 Live Entertainment with Jeremy Smith</b></p>	 <p><b>January 2023</b></p> <p><b>Terrace Lodge Lower North/Birch Recreation</b></p>			