

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Hair Salon Hours</b> Tuesday 8:30 -4:30 Thursday 8:30-12:30 Friday 8:30-4:30		2 1:30 Bingo In the Dining Room	3 1:30 Shuffleboard with Shannon	4 10:00 Badminton 12:00 Oder in Lunch: Burger Stand 2:00 Open Café in the Malahide Lounge	5 2:00 Bingo In the Dining Room	6 <b>10:30 Tricia on Piano            In Malahide Lounge</b>
7 1:00 Lawrence Welk On Channel 18	(Meeting in the Rec. Room 1:30-3) 8 9:30 Watering & Courtyard Clean-up 10:00 Manicures and Hand Massages 1:30 Shuffleboard	(Meeting in Rec. Room 9-11) 9 9:30 Badminton 10:30 Individual Walks  1:30 Bingo in the Dining Room	10 <b>1:30 Interactive Music            Group with Anita May</b> 3:30 Ice Cream Cart 6:00 Courtyard Social: In the News	10:00 Resident's Council 11 10:15 Bean Bag Toss 2:00 Open Café in the Malahide Lounge  <b>HAPPY BIRTHDAY SANDY!</b>	12 9:00 Watering 10:00 Bingo  <b>2:00 Jeremy Smith            Entertains in LN</b>	
14 <b>10:30 Hymn Sing            with Suzie Q</b>  1:30 Trivia in the Malahide Lounge	15 9:30 Watering & Courtyard Clean-up 10:00 Manicures and Hand Massage 1:30 Shuffleboard	16 9:30 Badminton 10:30 Individual Walks  1:30 Bingo in the Dining Room	17 9:30 Toasted Tomato Sandwiches  1:30 Lower Bus Trip: Local Treats Tour	18 9:30 Res. Care Conference 10:00 Cognitive Crunches  2:00 Open Café in the Malahide Lounge	19 <b>10:30 Music with Suzie Q            In Malahide</b>  2:00 Bingo	20 <b>10:30 Tricia on the Piano</b>  1:00 Art Therapy Group 1 2:00 Art Therapy Group 2
21 1:00 Hymn Sing in Malahide Lounge  1:00 Lawrence Welk on Channel 18	22 <b>9:30-11:30 Entertainment            By Cam Denomme            (travelling wing to wing)</b>	23 1:30 Bingo In the Dining Room  <b>HAPPY BIRTHDAY            YVONNE!</b>	24 10:00 Hymn Sing 1:30 Card Group 3:30 Ice Cream Cart 6:00 Courtyard Social: In the News	25 10:00 Morning Fitness followed by Coffee and Conversation  2:00 Open Café in the Malahide Lounge	26 9:00 Watering 10:00 Reminiscing Group: Back to School  2:00 Bingo	27 10:00 Badminton  1:30 Shuffleboard – Lower 2:30 Shuffleboard - Uppers
28 10:00 Devotions  1:30 Beanbag Toss	29 9:30 Watering & Courtyard Clean-up 10:00 Manicures and Hand Massage <b>1:15 Evan Thompson            Entertains on the Piano</b>	30 9:30 Badminton 10:30 Individual Walks  1:30 Bingo in the Dining Room	31 10:30 DrumFit 1:30 Garden Strolls & Gazebo Chats with Shannon  <b>HAPPY BIRTHDAY            DANIELLE!</b>	<h1>August 2022</h1> <p>Lower North Recreation</p>		