

Oxford County. Elgin County. City of St. Thomas.

# You have been tested for COVID-19. Now What?

**Results typically take 24 – 48 hours, but could take longer.**

**If you have symptoms**, you must self-isolate at home until you get your test results. Don't leave your home. Disinfect commonly used surfaces often (doorknobs, light switches, phones, keyboards, remote controls, faucets and counter tops). Have a friend or family member drop groceries and other essential items at your front door. Your close contacts and family members should also self-isolate while you wait for your results. **If you don't have symptoms** you don't need to self-isolate while waiting for your test results unless public health has specifically asked you to.

You can check for your results online: <https://covid19results.ehealthontario.ca:4443/agree>

If your symptoms worsen, call your primary care provider or Telehealth Ontario. If your symptoms become **SEVERE** and it is an emergency, please go to your nearest emergency room or call 911.

## Are your results negative?

You need to stay at home if you are sick. Drink lots of fluids, get rest and take acetaminophen (like Tylenol), if you have a fever. Stay home until you have had 24 hours without any symptoms. Call your family health care provider if your symptoms change or worsen.

## Are your results positive?

If your results are positive, Southwestern Public Health will call you.

We will ask questions about your travel history (even within Canada) and the people you have been in contact with (family, co-workers, neighbours, etc.). We will ask for phone numbers for those people and we will call them. Your close contacts need to get tested. We will also give you information on next steps.

For more information about COVID-19, call our hotline at 1-800-922-0096 x 9 or visit our website at [www.swpublichealth.ca/covid-19](http://www.swpublichealth.ca/covid-19)

