

MONITORING FOR FEVER DURING COVID-19 PANDEMIC

Average normal temp is 37 degrees C – this can vary by 0.6 degrees in either direction and can vary in the same person by 0.6, depending on activity level and time of day.

This chart offers normal range and fever measurements based on route used.

MEASUREMENT SITE	NORMAL RANGE	ELEVATED	FEVER
UNDERARM/ FOREHEAD	35.5 – 36.8° C	36.9° C AND ABOVE	37.4°C AND ABOVE
ORAL	36.1 – 37.4° C	37.5° C AND ABOVE	38° C AND ABOVE
EAR	36.1 – 37.4° C	38.1° C AND ABOVE	38.3° C AND ABOVE