

# COVID-19: DON'T TAKE IT HOME!

## A GUIDE FOR ESSENTIAL WORKERS

### TAKE INTO WORK

Only take what you need for the day. Leave bags that you won't need at home. Put credit cards, driver's license, cell phones etc. in Ziploc bags. Take food in a disposable bag.



### WHEN AT WORK

Follow your workplace infection prevention and control procedures.



### BEFORE LEAVING WORK

Disinfect the personal items and devices you bring home. Wash your hands and arms. Leave any pens or other items that you used during the day at work.



### WHEN YOU GET HOME

Leave shoes outside or in the garage. Change your clothes before interacting with other household members. Wash clothes in hot water. Disinfect personal items and dispose of Ziplock and disposable lunch bags. Have a hot shower.



### IN YOUR PERSONAL LIFE

Stay home when you're not at work. Practice physical distancing. Practice exemplary personal hygiene. Clean and disinfect frequently touched objects and surfaces within your vehicle and within your home.

