“Feel Good” Digital Reading Recommendations

During stressful times, readers may want to escape by wandering into different kinds of reading than their normal fare. Some prefer “escapist” titles which can be found by simply looking for a thriller, romance, fantasy, or even a celebrity memoir. Others prefer “comfort reading” which may take them back to childhood favorites or a title they’ve read multiple times. And there are even those who like to read something closer to home such as novels based on apocalyptic events or set in a dystopian civilization. But many readers prefer reading that will lift their spirits or leave them with a hopeful feeling that the bookworld has dubbed “UpLit.”

Please find below our digital “UpLit” suggestions, based on titles compiled by @robinsbooks from EarlyWord. This list includes both adult fiction and nonfiction titles, is organized by author and has clickable links to the eBook and/or eAudiobook copy within our Elgin County Library catalogue.

FICTION TITLES

Author	Title	Genre	Comment	ECL Downloading Platform
Alexander, Ellie	The Bakeshop series	Mystery	Cozy series featuring food & Ashland, OR	eBooks on OverDrive
Andrews, Donna	Meg Langslow series	Mystery	More cozies	eBooks & eAudiobooks on OverDrive eBook & eAudiobooks on Hoopla
Backman, Fredrik	**A Man Called Ove**	Fiction	Librarian approved	eAudiobook on OverDrive
Ballard, Stephanie	**Lost for Words Bookshop**	Fiction		eAudiobook on Hoopla eAudiobook on OverDrive
Baumbich, Charlene	**Dearest Dorothy series**	Fiction		eBooks on Hoopla eBooks on OverDrive
Bennett, Alan	**The Uncommon Reader**	Fiction	Queen Elizabeth discovers the joy of reading	eAudiobook on OverDrive
Bivald, Katarina	**The Readers of Broken Wheel Recommend**	Fiction	Librarian approved	eBook & eAudiobook on OverDrive eBook on Hoopla
Bradbury, Ray	**Dandelion Wine**	Fiction		eBook & eAudiobook on OverDrive eBook & eAudiobook on Hoopla
Colgan, Jenny	**Little Beach Bakery, + others**	Fiction	British stories set in a village.	eBook & eAudiobooks on OverDrive eAudiobooks on Hoopla
Crisipell, Susan Bisho	**Dreaming in Chocolate**	Fiction	Aren’t we all about now?	eAudiobook on OverDrive eAudiobook on Hoopla
Evanovich, Janet	Stephanie Plum series	Mystery		eBooks & eAudiobooks on OverDrive

				eBooks & eAudiobooks on Hoopla
Flagg, Fannie	**Most anything by her**	Fiction	Some may disagree with some of the plots as “feel good.”	eBooks & eAudiobooks on OverDrive
Grafton, Sue	Alphabet series	Mystery	Even if you’ve read, start over	eBooks & eAudiobooks on OverDrive
Haddon, Mark	**Curious Incident of the Dog in the Night-Time**	Fiction		eBook & eAudiobook on OverDrive
Harrow, Alix E.	**The Ten Thousand Doors of January**	Fiction	Magic, history, books	eBook & eAudiobook on OverDrive
Hepinstall, Kathy	**The Book of Polly**	Fiction		eBook & eAudiobook on OverDrive
Hoang, Helen	**The Kiss Quotient**	Fiction	Romance with a bit of steam	eBook & eAudiobook on OverDrive eAudiobook on Hoopla
Hoffman, Beth	**Saving CeeCee Honeycutt**	Fiction		eBook & eAudiobook on OverDrive
Hoffman, Beth	**Looking for Me**	Fiction		eBook & eAudiobook on OverDrive
Holmes, Linda	**Evvie Drake Starts Over**	Fiction		eBook & eAudiobook on OverDrive
Honeyman, Gail	**Eleanor Oliphant is Completely Fine**	Fiction	Opinions are varied if this is humorous but I loved it.	eBook & eAudiobook on OverDrive
Hooper, Emma	**Etta and Otto and Russell and James**	Fiction		eBook on OverDrive
Jiles, Paulette	**News of the World**	Fiction	Librarian approved	eBook on OverDrive eBook on Hoopla
Joyce, Rachel	**The Music Shop**	Fiction		eBook on OverDrive
King, Stephen	**Elevation**	Fiction	Yep, a literal uplifting novel by the horror meister	eBook & eAudiobook on OverDrive
Kuhn, William	**Mrs. Queen Takes the Train**	Fiction	Another take on QE2 stepping out of her comfort zone	eBook & eAudiobook on OverDrive eAudiobook on Hoopla
Kwan, Kevin	**Crazy Rich Asians**	Fiction		eBook & eAudiobook on OverDrive
McQuiston, Casey	**Red, White and Royal Blue**	Fiction	Different take on a royal romance	eBook & eAudiobook on OverDrive
Miller, Louise	**City Baker’s Guide to Country Living**	Fiction	Read this for the apple pie recipe	eBook & eAudiobook on OverDrive
Monitore, Margarita	**Oona Out of Order**	Fiction	Librarian approved time travel	eBook on OverDrive
Moore, Christopher	**Lamb**	Fiction	Hilarious but caution for religious folks	eBook & eAudiobook on OverDrive
Patrick, Phaedra	**Curious Charms of Arthur Pepper**	Fiction	Librarian (and me) approved	eBook & eAudiobook on OverDrive
Patrick, Phaedra	**The Library of Lost and Found**	Fiction		eBook & eAudiobook on OverDrive

				eAudiobook on Hoopla
Pearce, A. J.	**Dear Mrs. Bird**	Fiction		eBook & eAudiobook on OverDrive
Pilcher, Rosamunde	**The Shell Seekers**	Fiction	Any of her books easily qualify as "comfort reads."	eBook on OverDrive eAudiobook on Hoopla
Poeppel, Amy	**Small Admissions**	Fiction		eAudiobook on Hoopla
Prior, Hazel	**Ellie and the Harpmaker**	Fiction		eBook & eAudiobook on OverDrive
Reichert, Amy	**Optimist's Guide to Letting Go**	Fiction		eBook on OverDrive eAudiobook on Hoopla
Rosenfelt, David	Andy Carpenter series	Mystery	Dogs and humor. Best in audio.	eBooks & eAudiobooks on OverDrive eBooks & eAudiobooks on Hoopla
Shaffer, Mary Ann & Barrows, Annie	**Guernsey Literary & Potato Peel Society**	Fiction	Read & watch (Netflix)	eBook & eAudiobook on OverDrive
Shipman, Viola	**Recipe Box**	Fiction	Male author's stories influenced by grandmother	eBook & eAudiobook on OverDrive eAudiobook on Hoopla
Simonson, Helen	**Major Pettigrew's Last Stand**	Fiction		eBook & eAudiobook on OverDrive
Simsion, Graeme	**The Rosie Project**	Fiction		eBook & eAudiobook on OverDrive eBook & eAudiobook on Hoopla
Towles, Amor	**A Gentleman in Moscow**	Fiction	Soon to be a TV series	eBook & eAudiobook on OverDrive
Waxman, Abbi	**The Bookish Life of Nina Hill**	Fiction		eBook & eAudiobook on OverDrive
Woodroof, Martha	**Small Blessings**	Fiction		eBook & eAudiobook on OverDrive eAudiobook on Hoopla
Zevin, Gabrielle	**The Storied Life of A. J. Fikry**	Fiction	Librarian approved—with a few tears included	eBook on OverDrive

NON-FICTION TITLES

Burnett, Carol	**This Time Together**	Memoir		eBook & eAudiobook on OverDrive
Jacobs, A. J.	**The Know-It-All**	Memoir		eAudiobook on Hoopla
Reynolds, Debbie	**Make 'em Laugh**	Memoir		eBook & eAudiobook on Hoopla
White, Betty	**Here We Go Again**	Memoir		eAudiobook on Hoopla

Halpern, Sue	**A Dog Walks Into a Nursing Home**	Animals		eBook on OverDrive eAudiobook on Hoopla
Bauerschmidt, Tim	**Driving Miss Norma**	Travel		eBook on OverDrive eBook & eAudiobook on Hoopla
Bryson, Bill	Most any travel book	Travel		eBooks & eAudiobooks on OverDrive eBooks & eAudiobooks on Hoopla
Troost, J. Maarten	**Sex Lives of the Cannibals**	Travel		eAudiobook on OverDrive
Barry, Dave	**Lessons from Lucy**	Essays		eBook on OverDrive
Barry, Dave	**Dave Barry's Book of Bad Songs**	Essays	Most anything by Barry is "spew coffee out of your nose" funny.	eAudiobook on Hoopla eAudiobook on OverDrive
Notaro, Laurie	**Housebroken: Admissions of an Untidy Life**	Essays		eBook on OverDrive eAudiobook on Hoopla
Sedaris, David	most anything	Essays	He gets a little dark but many find him very funny	eAudiobook on Hoopla eBook & eAudiobook on OverDrive