

COVID-19 (Novel Coronavirus) Food Access Elgin St. Thomas

Emergency Food Access Programs in Elgin St. Thomas

March 27, 2020

Emergency food access programs currently active in Elgin St. Thomas:

Program	Description
Destination Church	Providing small take out snacks from 9:00-12:30PM Monday – Thursday. Sign is on door for public to knock if they require food.
Inn and Out of the Cold	Providing take out meals MWF at 5:00PM. Church volunteers have been working to gather take out containers so they can continue with this service.
Grace Café	They are still in service and are serving take out lunch and soup Monday to Friday, 8:00AM – 1:00PM. They are also providing additional food if needed.
Port Stanley and Area Community Cupboard	Can deliver food if they are unable to drive. Increasing services in April to attend to vulnerable families. Typically operates on the 3 rd Tuesday and Thursday of each month: 3:30-6:00PM. Extended hours will take place on April 7 th and 9 th and 21 st and 23 rd to help families during this time.
Caring Cupboard – Rodney	Open for operation on an as needed basis. They are answering the phone for requests for food. Volunteers are at a vulnerable age and do not want to increase their exposure to the public.
East Elgin Community Assistance Program (Corner Cupboard)	Open Tuesdays 9:00am – 12:00PM and 3:00-5:00PM. Operating as take out during this time.
St. Thomas Elgin Food Bank (The Caring Cupboard)	Open, however now is doing a box delivery style at the front door. Open Monday and Thursday 9:30AM – 3:00PM and Tuesday 12:00-3:30PM.

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PSNE	They are continuing to provide bagged lunches daily when needed. They are also providing 2-3 bags/food for individual in need if they have not already visited the Caring Cupboard in St. Thomas.
VON	They are still accepting applications for MOW; if you know of someone that would benefit from Meals on Wheels in Elgin St. Thomas, please direct them to this number 519-637-6408
Circles of Life	Open Monday and Thursdays from 1:00-3:00PM at 426 Dundas St located in the Women's Employee Resource Center. Open Tuesdays from 1:00-3:00PM in Ingersoll located in Heritage Court (beside the gazebo). Non-perishable food items, fruit/vegetables and toiletries are available for pick up.
Volunteer Grocery Pick-up	Volunteers will pick up groceries under \$100.00 in the St. Thomas area. Payments can be made by e-transfer. Please use this link to create your order. https://www.londonvtf.ca/st-thomas.html

Grocery stores in St. Thomas that provide delivery and pick up services

Price for services will be categorized from least expensive (\$) to most expensive (\$\$\$\$)

All services that provide delivery have to option to deliver

Program	Description
Briwood	Free delivery with purchases over \$40.00. Please call 519-633-9691 to create your order. Payments are preferred through credit card, however please let them know if you will be paying with cash. Services are available Monday to Friday until 4PM and Saturday and Sunday until 3PM. Please see website for updates of services: http://briwoodfarmmarket.com/ \$
Common Ground Farm	Delivery or pick up options available. Please call 519-777-6383 for orders. Pick up is available on Fridays from 3-5PM. Delivery is available at a fee of \$5.00 on Friday and Saturday. Payment is available by credit card or e transfer to chris@commongroundfarm.ca \$

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Walmart	Pick-up services available. Please go to the website to create your order and select “pick up” at check out. There will be 8 designated parking spots for individuals who have made a pickup order. Payment is only accepted by credit or debit. Please see additional details on the website https://www.walmart.ca/en/grocery/N-117 For more questions, please call 519-637-1042. \$
Real Canadian Superstore St. Thomas	Pick up options available. Must create a PC express account and payment is only accepted online via credit/debit. Pick up fee ranges from \$3.00-\$5.00. Please see website for details; https://www.realcanadiansuperstore.ca/pcexpress \$
Metro	Unavailable for pick up or delivery. Please visit website for any updates to their services https://www.metro.ca/en/online-grocery
Food Basics	Unavailable for pick up or delivery. Please visit website for any updates to their services, https://www.foodbasics.ca/index.en.html
Foodland St. Thomas	Delivery option for a fee of \$8.00. No pickup options at this time. Please call to make an order from 10:00-5:00PM, 519-633-9370. \$\$
Freshco	Unavailable for pick up or delivery. Please see website for updates to their services, https://www.bing.com/search?q=freshco+st+thomas&src=IE-SearchBox&FORM=IESR4A
Foodland West Lorne	Will deliver free of charge to areas in West Lorne and Rodney. Please call to create your order (519) 768-1750. Please see their Facebook for updates, https://www.facebook.com/westlornefoodland/ \$
No Frills Aylmer	Pick up options available. Must create a PC express account and payment is only accepted online. Pick up fee ranges from \$3.00-\$5.00. Please see website for details, https://www.nofrills.ca/pcexpress \$
Belmont Freshmart	Pick up options and delivery options available. Please call ahead to confirm services and to create orders (519) 644-0707. Please see Facebook for updates to services https://www.facebook.com/belmontfreshmart/ \$

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Foodland Dutton	Delivery and pick up options available. Please call to create your order at (519) 762-2734. Delivery services are available Monday, Wednesday and Fridays at 3:00PM, \$2.50 for Dutton and \$7.50 to Wallacetown. Please call by 2:00PM to create your order. \$
Valu Mart Aylmer	Delivery options available at no cost on Monday, Tuesday and Thursdays from 8:00-3:00PM. Cash, Debit/Credit and Cheque for payment methods available. Please call 519-773-9219 to create your order. \$
Foodland Port Stanley	Delivery options available Monday, Wednesday, Friday and Saturday. Please call or email to create your order before 11:00AM at 519-782-3315 or fld6377portstanley@sobeys.com. Credit card method for payment available. Delivery charge vary by location, Port Stanley \$7.00, Union/Shedden/Fingal \$10.00, St. Thomas \$15.00. Please visit their Facebook for updates to their services https://www.facebook.com/portstanleyfoodland \$\$
Shedden Country Grocer	No pickup or delivery options at this time.
Mudford Family Food Town	No pickup or delivery options at this time.
Instacart	Instacart is a grocery store delivery option available online. Payment method of Credit/Debit only available for this service. When you go to the website https://www.instacart.ca/ please put in your postal code to see if this option is available for you. Fees range depending on your location. You can put the option to “leave your groceries outside your door” so you do not have to have contact with the individual delivering the groceries. Please review the website for more details. \$\$\$
Other	Other services available: Skip the Dishes, GoodFood and Uber Eats: \$\$\$\$ Other details for food services in St. Thomas, please visit 211.ca

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Discontinued Due to COVID-19:

Program	Description
Salvation Army	Was providing gift cards, now they are currently closed.
Talbot Teen Centre	Closed, was providing an after-school snack.
St. Thomas Seniors Dining Room	Closed, was providing low cost meals to seniors Monday – Friday 11:30 – 12:30PM.
Northside Neighborhood Hub	Not in service anymore.
Central Community Health Centre	Not providing any food d/t COVID-19 – was providing coffee and snacks in AM.
Good Food Box	Currently on hold until further notice
All churches in St. Thomas that previous provided meals are not.	<p>Most volunteers are >65 years of age and have other health related issues that put them at higher risk, therefore they decided not to provide meals at this time to protect their volunteers.</p> <p>Churches include: Trinity Anglican Church, Holy Angels, Knox Presbyterian Church, St. Johns Anglican Church, St Paul’s United Church (Aylmer).</p>
The Hub	West Elgin Community Health Centre – not in service at this time.