



## HOMES AND SENIORS SERVICES

### **POLICY & PROCEDURE NUMBER: 2.20**

**DEPARTMENT:** *Infection Control*

**SUBJECT:** PPE - Gowns

**APPROVAL DATE:** April 2004

**REVISION DATE:** April 2007

**REVISION DATE:** March 2016

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### **PURPOSE:**

Gowns, when worn appropriately:

- Provide protection for clothing and prevent the spread of microorganisms between staff members and residents, as well as visitors and volunteer where applicable.
- Long-sleeved gowns protect the forearms and clothing of the health care provider from splashing and soiling with blood, body fluids and other potentially infectious material.
- Gowns used as personal protective equipment should be cuffed and long-sleeved and offer full coverage of the body front, from neck to mid-thigh or below.

### **PROCEDURE:**

1. The routine use of gowns for personal care activities is not recommended.
2. Gowns should be used as indicated to protect uncovered skin and prevent soiling of clothing during procedures and resident care activities likely to generate splashes or sprays of blood, body fluids secretions or excretions.
3. Perform hand hygiene.
4. Put gown on:
  - Insert arms into sleeves.
  - Fasten securely (neck and waist ties).
  - Make sure gown completely covers clothing/uniform.
  - Put on gloves, the glove fits over the gown cuff.
5. Remove gown:
  - Remove gloves
  - Remove gown in a manner that prevents contamination of clothing or skin
  - Starting at the neck ties, the outer, “contaminated” side of the gown is pulled forward and turned inward, rolled off the arms into a bundle, then discarded immediately in a manner that prevents contamination of clothing or skin and prevents agitation of the gown.
  - Place gown in designated laundry bag/hamper for reusable gowns; or a waste container if disposable
6. Perform hand hygiene.
7. Do not reuse gown. Do not go from resident to resident wearing the same gown.

### References:

Provincial Infectious Diseases Advisory Committee (PIDAC) Routine Practices and Additional Precautions in All Health Care Settings, 3<sup>rd</sup> edition, Ministry of Health and Long-Term Care, November 2012