

FOUR FRIENDS MEET WHILE WALKING IN " POORMAN'S PARK" THE SIGN READ "YOU MUST SUPPLY YOUR OWN EQUIPMENT" *the sign was written by K. Mearns*

Kathy

PERSON ONE: WELL GIRLS! OUT FOR OUR DAILY EXERCISE AGAIN, THIS FRESH AIR JUST DOES ME A WORLD OF GOOD. I THINK IT'S GOING TO ADD FIVE YEARS TO MY LIFE. YOU KNOW HOW COULD SOMETHING AS SIMPLE AS WALKING BE SO GOOD FOR YOU, AND IT DOESN'T EVEN COST A THING.

Louie

PERSON TWO: YA! I KNOW WHAT YOU MEAN MY DAUGHTER & SON - IN - LAW GO TO THE GYM TO WORK OUT 3 TIMES A WEEK IT COSTS THEM QUITE A BIT, SHE CAN'T BE SEEN IN THE SAME OUTFIT ALL THE TIME, PLUS THEY HAVE TO HIRE A BABYSITTER. I DON'T WORRY ABOUT ANYTHING BUT A GOOD PAIR OF SHOES FOR SUPPORT.

Dorothea

PERSON THREE: (CARRYING A BOTTLE OF WATER) IF I DIDN'T COME WALKING, I WOULDN'T HAVE STARTED DRINKING WATER, IT'S THE BEST PURIFYER FOR OUR BODY AND JUST LOOK AT MY SKIN IT'S SO HEALTHY, PLUS I DON'T HAVE THE CRAVINGS LIKE I USED TO, THE ONLY THING I HAVE PROBLEMS WITH IS ALL THE SUPPERS IN THIS COMMUNITY, I FEEL I HAVE TO SUPPORT THEM.

Lillian

I KNOW WHAT YOU MEAN, ALL THOSE EUCHRE AND BRIDGE GAMES, HERE MY DOWN FALL, YOU CAN'T PLAY ALL NIGHT AND NOT ENJOY THE LUNCHES. THERE ARE JUST TOO MANY DARN GOOD COOKS IN THIS AREA. I HAVE TO REARRANGE MY DIET THOSE DAYS. OH IT CAN BE DONE SO LONG AS YOU DON'T GET A LAST MINUTE PHONE CALL SAYING " GOT ANYTHING ON TONIGHT, WANTA GO..... "

PERSON ONE: OH! GIRLS , GOT A JOKE FOR YOU, A WOMAN ACCOMPANIED HER HUSBAND TO THE DOCTOR'S OFFICE. AFTER THE CHECK UP, THE DOCTOR TOOK THE WIFE ASIDE AND SAID, "IF YOU DON'T DO THE FOLLOWING, YOUR HUSBAND WILL SURELY DIE." "EACH MORNING, FIX HIM A HEALTHY BREAKFAST & SEND HIM OFF IN A GOOD MOOD. AT LUNCH TIME, MAKE HIM A WARM NUTRITIOUS MEAL & PUT HIM IN A GOOD FRAME OF MIND BEFORE HE GOES BACK TO WORK. FOR DINNER, FIX AN ESPECIALLY NICE MEAL & DON'T BURDEN HIM WITH HOUSEHOLD CHORES, AND LASTLY SATISFY HIS EVERY WHIM."

ON THE WAY HOME THE HUSBAND ASKS WHAT THE DOCTOR SAID. THE WIFE ANSWERS " OH DEAR, YOUR GOING TO DIE"

PERSON THREE: OH! I HEARD ONE . THE WIFE GOES TO THE DOCTOR'S, WHEN SHE CAME HOME THE HUSBAND SAYS " WELL WHAT DID THE DOCTOR SAY?" "SO FAR ,SO GOOD. I STILL HAVE A COUPLE OF PROCEDURES TO GO THROUGH" AND THE HUSBAND COMMENTS "YES, WE'RE GETTING TO BE LIKE A COUPLE OF OLD CARS. A LITTLE RUST HERE, SOME WORN BOLTS THERE, A LITTLE RATTLING UNDER THE HOOD, BUT AS LONG AS YOU, TAKE CARE OF 'ER....SHE SHOULD RUN FOR A LONG-TIME!" "I DON'T KNOW THAT I LIKE BEING COMPARED TO AN OLD CAR, JOHN." HE GIVES HER A HUG, AND SAYS "JUST THINK OF YOURSELF AS A CLASSIC"

AH, THAT'S NICE, SOMETIMES OUR GUY'S CAN REALLY SURPRISE US.

PERSON ONE: I READ AN ARTICLE IN THE READERS DIGEST AWHILE BACK AND IT SAID WHEN MEN PUT THEIR MINDS TO WORK, NEURONS TURN ON IN HIGHLY SPECIFIC AREAS OF THE BRAIN. BUT WHEN A WOMAN DOES THE SAME THING, HER BRAIN CELLS LIGHT UP SUCH A PATCHWORK THAT THE SCANS LOOK LIKE A NIGHT VIEW IN LAS VEGAS.

PERSON TWO: SPEAKING OF A PATCHWORK, I HAVE A NEW QUILT ON THE GO. ONCE I START I JUST CAN'T SEEM TO KEEP AWAY FROM IT UNTIL I'VE FINISHED, ALL THE CHILDREN ARE WONDERING WHO IT'S FOR, SO I TOLD THEM IT DEPENDS WHO GETS MARRIED FIRST. BUT, I SURE AM GLAD YOU GALS MEET EVERYDAY SO I GET SOME



EXERCISE AND FRESH AIR AND GET CAUGHT UP ON ALL THE NEWS. DID I TELL YOU I'M GOING TO A W.I. MEETING TONIGHT, WHERE HAVING A GUEST SPEAKER TALK ON HEALTH ISSUES, ANY OF YOU INTERESTED IN GOING.

~~PERSON FOUR:~~ SURE I DON'T HAVE ANYTHING ON TONIGHT. WHERE IS IT BEING HELD?

PERSON TWO: RIGHT HERE IN THE COMMUNITY HALL.

PERSON THREE: THAT SOUNDS LIKE FUN, I THINK I CAN COME TO, BUT, I HAVE TO CHECK MY CALENDER MY MEMORYS NOT LIKE IT USED TO BE. I FIGURE I'M EITHER TO BUSY OR MY MEMORY'S GOING.

PERSON ONE: I'D LOVE TO COME TO, I'LL HAVE TO SEE IF MY HUSBAND IS HOME TONIGHT, OTHERWISE I NEED TO GET A BABYSITTER, YOU CAN PICK UP ALOT OF INFORMATION THAT COMES IN HANDY WHEN WOMEN GET TOGETHER.

~~PERSON FOUR:~~ YOU KNOW I WAS READING IN THE FARMERS ALMANAC A REMEDY FOR CURING A HEADACHE IN THE OLD DAYS BEFORE TYLENOL, YOU SIMPLY RUB COW DUNE & MOLASSES ON YOUR TEMPLES, AND ANOTHER ONE WAS TO LEAN YOUR HEAD AGAINST A TREE AND HAVE SOMEONE ELSE DRIVE A NAIL INTO THE OPPOSITE SIDE OF THE TREE.

PERSON THREE: OH YA! AND I READ , IF ALL 600 MUSCLES IN YOUR BODY PULLED IN ONE DIRECTION, YOU COULD LIFT 25 TONS. HEAVENS I CAN'T EVEN UNSCREW THE TOP OFF A JAR OF PICKLES. MAYBE I SHOULD GET INTO BODY BUILDING OR LIFTING WEIGHTS, CAN'T BE THAT BAD OF AN IDEA. I COULD USE SOME MUSCLE TONING.

PERSON TWO: I HEARD MY FATHER SAY MANY TIMES, LAUGHTER IS THE BEST CURE FOR WHAT AILS YOU, I FOUND THIS ARTICLE IN A BOOK: THIS OLD FASHIONED LADY WHO WAS QUITE DELICATE AND ELEGANT, ESPECIALLY IN LANGUAGE. SHE & HER HUSBAND WERE PLANNING A WEEK'S VACATION IN FLORIDA, SO SHE WROTE TO A CAMPGROUND, TO ASK FOR A RESERVATION. NOW SHE WAS VERY INTERESTED IN LEARNING IF IT WAS FULLY EQUIPPED, BUT DIDN'T QUITE KNOW HOW TO ASK ABOUT THE TOILET FACILITIES. SHE JUST COULDN'T WRITE TOILET IN HER LETTER. AFTER MUCH DELIBERATION, SHE FINALLY CAME UP WITH THE OLD-FASHIONED TERM "BATHROOM COMMODE."

BUT WHEN SHE WROTE THAT DOWN, SHE STILL THOUGHT SHE WAS BEING FORWARD. SO SHE STARTED ALL OVER AGAIN, AND REFERRED TO THE BATHROOM COMMODE MERELY AS THE B.C. "DOES THE CAMPGROUND HAVE IT'S OWN B.C." IS WHAT SHE ACTUALLY WROTE.

WELL THE CAMPGROUND OWNER WASN'T OLD FASHIONED AT ALL AND WHEN HE FINALLY GOT THE LETTER, HE JUST COULDN'T FIGURE OUT WHAT B.C. WAS. SO HE ASKED SEVERAL CAMPERS BUT THEY COULDN'T IMAGINE WHAT THE LADY MEANT EITHER. THEY FINALLY CAME TO THE CONCLUSION, SHE MEANT THE LOCATION OF THE LOCAL BAPTIST CHURCH. HE SAT DOWN AND WROTE THE FOLLOWING REPLY.

DEAR MADAM:

I REGRET VERY MUCH THE DELAY IN ANSWERING YOUR LETTER, BUT NOW I TAKE PLEASURE IN INFORMING YOU THAT A B.C. IS LOCATED 9 MILES NORTH OF THE CAMPGROUND AND IS CAPABLE OF SEATING 250 PEOPLE AT ONE TIME. IT IS LOCATED IN A BEAUTIFUL PINE GROVE AND IS OPEN ONLY ON SUNDAYS AND WEDNESDAYS. I ADMIT THAT IT IS QUITE A DISTANCE AWAY IF YOU ARE IN THE HABIT OF GOING REGULARLY, BUT NO DOUBT YOU WILL BE PLEASED TO KNOW THAT A GREAT MANY PEOPLE TAKE THEIR LUNCHES ALONG AND MAKE A DAY OF IT. THEY USUALLY ARRIVE EARLY AND STAY LATE. MY DAUGHTER MET HER HUSBAND IN THE B.C.

THE LAST TIME MY WIFE AND I WENT WAS 6 YEARS AGO, AND IT WAS SO CROWDED WE HAD TO STAND UP THE WHOLE TIME WE WERE THERE. SOMETIMES IT IS SO CROWDED THERE ARE FIVE PEOPLE TO A SEAT. IT MAY INTEREST YOU TO KNOW THAT RIGHT NOW THERE IS A SUPPER PLANNED TO RAISE MONEY TO BUY MORE SEATS. THEY'RE GOING TO HOLD IT IN THE BASEMENT OF THE B.C.

I WOULD LIKE TO SAY IT PAINS ME VERY MUCH NOT TO BE ABLE TO GO MORE REGULARLY, BUT IT'S SURELY NOT DUE TO LACK OF DESIRE ON MY PART. AS WE GROW OLDER, IT SEEMS TO BE MORE OF AN EFFORT, PARTICULARLY IN THE COLD WEATHER.

IF YOU DECIDE TO COME DOWN TO OUR CAMPGROUND, PERHAPS I COULD GO WITH YOU THE FIRST TIME YOU GO, SIT WITH YOU AND EVEN INTRODUCE YOU TO ALL THE FOLKS. WE WILL BE SURE TO HAVE A SEAT UP FRONT WHERE YOU CAN BE SEEN BY EVERYONE. REMEMBER, WE ARE A FRIENDLY COMMUNITY.

SINCERELY YOURS,  
CAMPGROUND MANAGER.

~~PERSONHOOD~~ YOU SEE IT'S THE SIMPLE INEXPENSIVE THINGS IN LIFE THAT CAN MAKE YOU A BETTER PERSON.

~~EVERYONE TOGETHER~~: .....EXERCISE.....WATER.....FRIENDS.....AND LAUGHTER.



*Elgin County W.I. Scholarship was presented to Marcy Ford of Clachan area by Grace Campbell convener of this Committee.*

# Elgin County District Women's Institute

Elgin County District Women's Institute held their annual meeting on May 18th in South Dunwich Hall with Wallacetown and Shedden branches as hostess. President Madeline Jenkins welcomed the members and conducted the meeting, assisted by Secretary Grace Campbell.

The Institute Ode and Mary Stewart Collect opened the meeting followed by the ratification of 15 district directors with one branch absent. The minutes from 1999, treasurer's statement and financial examiners report were accepted as presented.

The president, in her address, spoke of the Rose Health Program "Rural Ontario Sharing Education" for women will be June 26th at Coldstream Community Centre asking for delegates who will later present this worthwhile program to other districts or areas.

Reports from the Education Co-ordinator, Public Relations, Tweesmuir History Curator, Lobbying Convener, Farm Safety and Pioneer Museum were adopted. Boxall W.I.

presented a meaningful "In Memoriam" service remembering deceased members.

Elgin County W.I. Scholarship was presented to Marcy Ford of Clachan area by Grace Campbell, convener of this committee.

London Area President Pauline Lindsay announced the Tweedsmuir History Curators workshop on August 8th in Brynston Fire Hall Inn. Area Convention is October 24th in Thorndale. She asked all conveners to forward a report to area officers as a courtesy. Elgin W.I. will host the Area convention in 2000 with a co-ordinator needed for this event.

PAC member for Subdivision 18, Glenna Ladell, reported for FWIO, speaking of the Summer Personal Challenge, a program of Active Ontario encouraging everyone to become more active and healthier. "The New Millennium" is the theme for branch programming in 2000-2001. Restructuring resulted in a financial saving for FWIO. The Erland Lee Museum Home received a generous bequest. FWIO

has also received one. FWIO Provincial Conference will be in 2002 in Northern Region. "A Grandmother's Legacy" a great success. It is hoped these will be assembled in book form. A section on Grandma and Grandpa's Treasures is requested for the Tweedsmuir History.

ACWW Conference in 2001 with the theme Volunteers Making Visions a Reality. The FWIO handbook for Resolutions, Program and Public Relations is currently being reviewed.

Hazel Stiles Scholarship entries are required to be at FWIO office by February 15th. Valued at \$500.00, this scholarship will assist a W.I. member to further her education in Cultural Activities.

Dates to remember include the Pioneer Strawberry Social June 28th and the Cancer Tea, October 21st. Boxall W.I. presented an enjoyable change of pace with a tour of the Canadian provinces. PAC member G. Ladell conducted the installation of officers as follows:

Past president, Ann McLean; president,

Madeline Jenkins; 1st vice-president, Mary Veenstra; 2nd vice-president, Pauline Lindsay; secretary-treasurer, Grace Campbell; Public Relations, Eleanor McMillan; Education Co-ordinator, Ann McLean; Lobbying Convener, Betty Van Patter; Tweedsmuir Curator, Helen Van Brenk; Museum representatives Rena Campbell and Marion McKenzie.

2001 District Annual will be hosted by Paynes Mills and North Yarmouth branches in Talbotville United Church.

Vice-president Mary Veenstra extended courtesies and the singing of "O' Canada" closed the meeting.



*Grace Campbell.*

*Marcy Ford.*



*Kay Lilly, Kathy Minnema, Madeline Jenkins, Grace Campbell*

*15 district directors are ratification.*





# Elgin County District Women's Institute



*"Health and You"*

**Elgin County District 3 years**

**Thursday, May 18, 2000**

**Registration 1 to 1:15**

**Wallacetown Hall, Wallacetown**

## **Officers for Elgin County District W.I. 1999/2000**

Past President.....	Ann McLean	769 2884
President .....	Madeleine Jenkins	644 1946
1 <sup>st</sup> Vice P.....	Mary Veenstra	631 5389
2 <sup>nd</sup> Vice P.....	Pauline Lindsay	631 5247
Sec. Treas.....	Grace Campbell	762 5133
Program Co.....	Pauline Lindsay	Above
Asst. Prog Co.....	Julie Morden	785 0745
PRO.....	Eleanor McMillan	762 2089
Area Conv. Del.....	Madeline Jenkins	Above
Alt. Conv. Del.....	Mary Veenstra	Above
Resolutions.....	Betty VanPatter	631 2989
Tweedsmuir.....	Evelyn Hoshal	765 4431
Museum Rep.....	Marion McKenzie	631 3647
Museum Rep.....	Rena Campbell	762 2787
Farm Safety.....	Shirley Bechard	631 6535
LAMP.....	Faye Thorn	782 4149
Financial Ex.	Joanne Erickson	631 0433
	Joan Mansell	631 1623
Nominating Committee.....		
	Jean Gooding.....	631 1731
	Frances McCallum.....	768 1747
	Willa Johnston.....	785 0707

**PAC MEMBER subdivision 18.....Glenna Ladell**  
**R.R. 2, Ilderton NOM 2A0 666 1418**





The South Duncraig Hall.

Quilts made by Ruby McQueen.



(Back) Helen Jean Brank.

Kathy Minnema, Dot Monteith, Kay Liles, Jean Palmer, Sharon Welch, Kay White.



Wallacetown and Skeddern WI members part on Lunch.

Mary Lapadat, Marjorie Ripley, Mary Gow.



having Lunch.

Ann M. Dean



Melaine Jenkins

Grace Campbell.

Louie Lockes in her Quilts.





# Daffodil Cancer Tea

The Daffodil Auxiliary Cancer Tea and Draw was jointly hosted by Crinan and Cowal W.I.'s at Argyle

Church, Crinan on October 16th.

Winner of the quilt, donated by the famous Fingal Quilters, was

Joyce Cowin, London.

Door prizes donated by Maccsine Boyd were won by Betty Purcell, Clachan; Mary Berner, Ridgetown; Irene Welch, West Lorne; Ellen Palmer, Boxall; Lois Kruppe, Middlemarch and Greg Leitch, Tyrconnell. The food hampers donated by the host W.I. were won by Eileen McTavish, Dutton; Betty Smith, Iona Station and Eva Wilson, Wardsville.

This successful event is not only due to the Crinan and Cowal W.I.'s but to the participation of all W.I. members as well as all ticket buyers and sellers. No words can express the gratitude we as a community owe to the Fingal Quilters who have donated more than 20 quilts. Mrs. Helen Saunders of Dutton, the original "Care Giver" of all local patients and the founder of this organization, appreciates the 50 years of continuing support



*Quilt from the Daffodil Society.*



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