

# Committee getting ready for Seniors Day 2000

By TIMES-JOURNAL STAFF

Seniors will be enjoying another party in Pinafore Park in 2000.

County council has approved a grant of \$2,000 to the Seniors Day 2000 party. Ken Verrell, who helped organize this year's successful picnic, explained the committee will stay together one more year to make a similar event happen for the millennium.

Verrell said organizers expected about 350 to attend this summer's picnic in the park, and about 1,000 seniors showed up.

"The food vendors were sold out by noon," he told council Tuesday.

During his presentation to county council, Verrell jokingly claimed as picnic supporters a delegation from the Wallacetown Women's Institute who filled the Elgin county council meeting room. The group, headed by Warden Rien Van Brenk's wife, Helen, was actually on a tour which included a visit to the county council meeting.

Verrell was wholeheartedly supported in his mission by county council members.

Terry Carroll, of the Elgin-St. Thomas United Way, also made a presentation to county council. He handed out the 1999 United Way brochure and outlined United Way-funded projects in Elgin county. They include the West Elgin Community Health Centre in West Lorne, Mennonite Central Community Resource Centre in Aylmer, West Elgin Support Services, Bereavement Resource Council, Youth Tutors Elgin and foot care clinics at

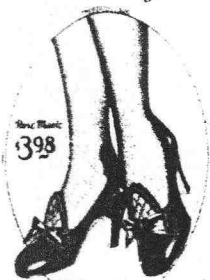
county homes provided through the VON.

Carroll said the committee would welcome more county representatives.

This year's local United Way goal is \$900,000.

Raising about \$12 for every man, woman and child in the Elgin-St. Thomas area ranks the local United Way campaign as one of the highest United Way fund-raisers in the province.

Please come  
dressed in  
something  
from the  
1920's if  
you can.  
1925 will be  
featured  
during the  
evening.



31D4060  
All day  
Gaiter  
Charismatic  
Everlasting  
Effect  
\$13.95

A Chic Style - Unadorned With a  
Rich Luster



78K8478 - Fits 21 1/2 to  
22 1/2 inches head size.  
Color: Oakwood brown,  
height red, Copenhagen  
blue, sand color or black.  
Measure and state color. Shipping  
weight, 1 1/2 pounds.  
Great value hat indeed for the smart  
style it represents. Good make as well  
of fine quality felt cloth. Tucked  
crown. Front scalloped brim set off  
with old metal buttons. Soft, crush-  
able hat. Hat no foundation.

..... to attend the 75th  
Anniversary of the  
founding of the Cowal  
Women's Institute.

When: Friday May 5, 1925,  
2000 at 7:30 p.m.

Where: Cowal Hall,  
Cowal

Please reply to  
Grace Campbell (762-5133)  
by May 1

Wallacetown W. I members at the 75th Anniversary  
May 5th/2000.  
of Cowal W.I.







**LOOKING BACK OVER TIME** – These ladies took a moment to browse the pages containing the history of the Cowal Women's Institute. Marion Campbell, left, and Yvonne McCallum, right, are former Tweedsmuir Curators of the group while Grace Campbell currently holds that position.

## Cowal WI celebrates 75th Anniversary

Cowal Women's Institute welcomed former members and guests to their 75th anniversary celebration on May 5th at the Cowal Hall.

The Cowal Branch was formed on May 5th, 1925, with District President Mrs. Luke Brown in the chair.

The ladies were told of the aims and objectives of the Women's Institute. The first president was Mrs. David (Flora) Carroll and secretary was Miss Jennie Campbell who later was Mrs. A. T. McCallum.

The present meeting, as at the first one, began with "The Maple Leaf Forever" followed by The Institute Ode and Mary Stewart Collect, a prayer for W.I. members.

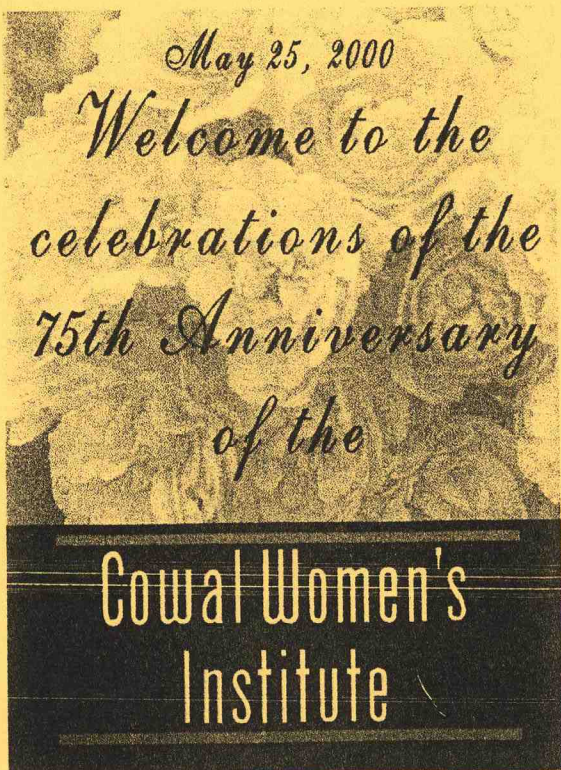
Mrs. Russell Campbell reviewed memorable facts in the Tweedsmuir History Book, Register House Record Book, Centennial Book and Celebration Book.

An In Memoriam Service was held honouring departed members.

Several songs from the 1920's were sung followed by prizes to the oldest grandmother, youngest grandmother, newest grandchild, one who came the farthest and birthday closest to May 5th.



**CELEBRATE MILESTONE** – Eleanor McMillan, left, the oldest member, and Beth Peternel, president, were given the honour of cutting the cake celebrating Cowal Women's Institute's 75th Anniversary. The special evening was held at the Cowal Hall on Friday, May 5th.



Anniversary cake and refreshments brought the evening to a close with the singing of "God Save the Queen" and "O' Canada".

Our branch is most appreciative of the press coverage The Dutton Advance has faithfully given over the years. Thanks!



# MAY 5TH, 1925

## SLANG OF THE ERA - WHAT DO THEY MEAN?

CAT'S MEOW  
BERRIES  
SWELL  
BIG CHEESE  
ALL WEI  
BEE'S KNEES  
SCRAM  
FLAT TIRE  
GIGGLE WATER  
GIN MILL  
BLIND PIG  
SPEAKEASY  
GATECRASHERS  
HI JACK  
HOOCH  
SPLIFFICATED  
DOGS  
LAMPS  
CHEATERS  
RAZ-MA-MAZ  
STRUGGLE BUGGY  
UPCHUCK  
APPLESAUCE  
BALONEY  
BUNK  
BANANA OIL  
HORSE FEATHERS  
HEEBIE JEEBIES  
HEP  
KEEN  
KIDDA  
RITZY  
THE REAL MCCOY  
SMELLER  
SPIFFY

FASHIONABLE  
NOSE  
GENUINE ARTICLE  
ELEGANT  
AFFRENDLY FORM OF ADDRESS  
ATTRACTIVE  
WISE, WITH IT  
THE JITTERS  
NONSENSE  
TO THROW UP  
NONSENSE  
A CAR FOR COURTING  
RESTLESS VIGOUR  
EYEGLASSES  
EYES  
SHOES  
DRUNK  
NONSENSE  
BOOZE  
THIEF'S GREETING TO A RUMRUNNER  
POLICE RAID GIN SPEAKEASY  
NONSENSE  
ILLEGAL DRINKING SPOT  
ILLEGAL STILL  
DULL PERSONALITY  
LEAVE IN A HURRY  
WONDERFUL PERSON  
OUT TO LUNCH  
BIG SHOT, VIP  
MARVELLOUS  
THE BEST  
VERY SHARP

## Organizational Meeting of Cowal Women's Institute May 5, 1925

*A well attended meeting was held in the Cowal Hall May 5th to consider organizing a branch of the Women's Institute with Mrs. Luke H. Brown, District President in the chair.*

*The meeting opened by singing The Maple Leaf. Mrs. Brown then gave a talk on the aims and objectives of the Women's Institute. Twenty-two ladies joined and the following were elected to office:*

*President Mrs. D. E. (Flora) Carroll  
1st Vice President Mrs. Gordon Little  
2nd Vice President Miss Stella Smith  
Secretary-treasurer Miss Jennie Campbell  
Asst. Sec. Treas. Miss A. B. Murray  
Directors Mrs. A. MacLachlan, Mrs. A. M. Campbell,  
Mrs. Robt. Campbell  
District Director Miss Jean Carroll  
Auditors Miss Janet MacCallum, Miss Margaret  
Latterson  
Organist Miss A. B. Murray*



Mrs. D. E. Carroll

*It was moved and seconded to hold the meetings the second Wednesday of the month in the Hall.*

*Mrs. J. H. Tolls, 1st Vice President of the District gave a talk on the Essentials in Women's Institute work.*

*The meeting closed by singing God Save the King.*



# Wallacetown WI tour Arva Flour Mill

On Friday, June 2nd, Wallacetown Women's Institute visited the Arva Flour Mill. Convenors for the meeting were Kay Lilley and Kay Waite, with 12 members present and 4 guests.

With roots going back to 1819, quality has been a tradition at the Arva Flour Mill. Between 1842 and 1917, the mill had five owners. In 1917 the mill was purchased by C.W. Scott and H. Templeman, which was the beginning of where it is today.

The mill was then acquired by Clarence Scott's son, Harold, in 1961. Harold then sold it to his son-in-law Bill Matthews, in 1981. Today, Bill's daughter and two sons work at the mill in hopes of taking it over in the future.

Bill Matthews gave a guided tour of the mill, pointing out the original cherry beams still holding up like they were placed there just yesterday. The belts and flour mills used are also well cared for and cleaned regularly, all originals.

The flours processed are unbleached white, 100% whole wheat, spelt, pastry, gluten, specialty flours and organic flours. They haven't used bleach for

20 years, it is all natural flour.

They can process 12-1/2 - 100 lb bags of white flour in one hour, and 19 - 120 lb bags of whole wheat flour. It takes 142 lbs of wheat to make 102 lbs of flour. There is a paper trail on all organic flour by code. They have a large scale for measuring and weighing. A few daring members tested the scale to make sure its accuracy was dead on and both Dorothea and Don Monteith confirmed the scales.

Also a number of animal feeds are made up for horses, goats, rabbits and birds. All of the spelt grain is grown locally, 600 acres is needed to pro-

duce enough flour to supply the demand, of which most goes to the USA.

Bill then gave a tour of the surrounding area, the dam built and still very much needed to run the mill, a lovely deck and cabin built for Bill's wife a few years back, now used by the youngest son.

There are 250 acres which the mill sits on along with the rights for the use of Medway Creek. There are 8 workers at the mill, and on Friday mornings fresh bread is baked with Arva's own flour.

Kay Lilley thanked Bill for giving up his time to show the group around the mill, which everyone could all see was his pride and joy. Everyone then loaded up their shopping baskets with all kinds of baking ingredients and fresh baked breads.

Still using water power from Medway Creek, this family-run operation is truly unique and an experi-

ence not to be missed.

The group then proceeded to the Hampstead Tea Room in Arva for lunch and the meeting. Joan McLandress read the correspondence, a thank you from Backus Page House, and leadership training session to be held in London for health programs.

Helen Van Brenk gave a report on the District Annual which had 73 ladies attending. Sally McIntyre reported on the Bobier Villa Tea which was that same day.

Next meeting will be on Saturday, June 24th. Members will meet at South Dunwich Community Hall at 12 noon, to tour Meadow Sweet Farm in Avon. Remember to dress appropriately.

*old photo of the Flour Mill.*





**Breadmachine Recipes**

**8 Grain Bread**

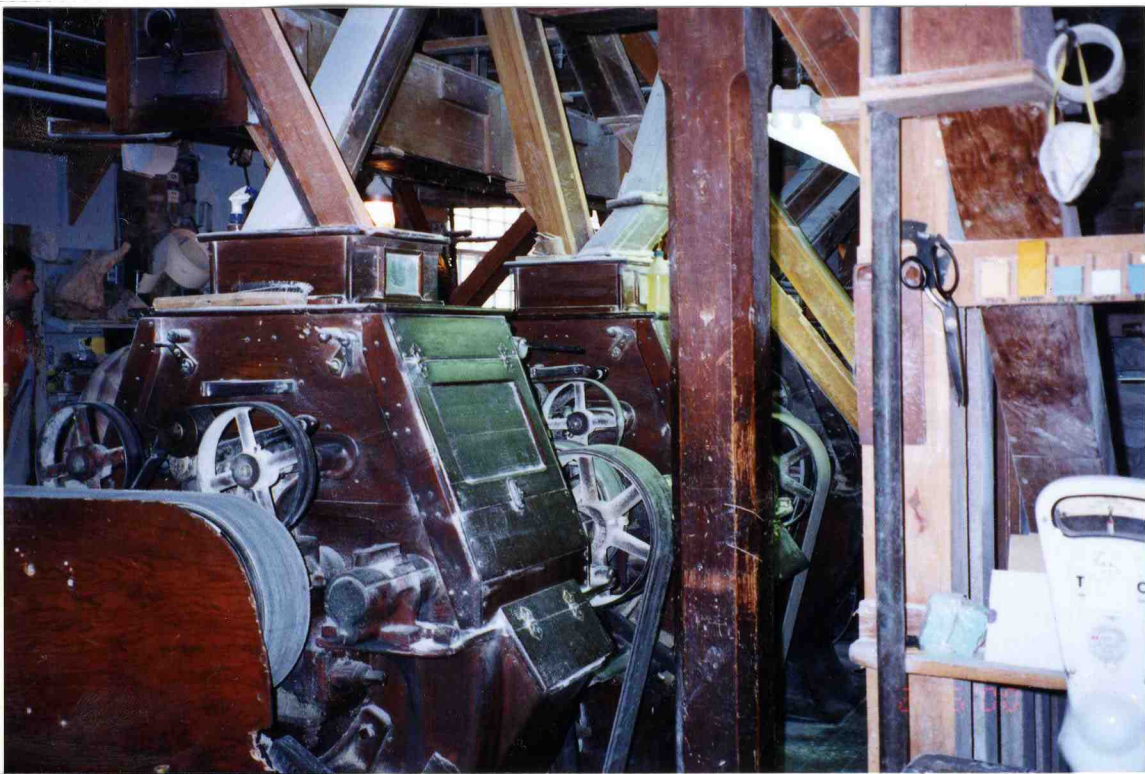
- 1 1/3 cup water
- 2 1/2 Tbsp butter
- 2 Tbsp sugar
- 1 tsp salt
- 1 1/3 cup 8 grain cereal
- 2 2/3 cup bread flour
- 1 1/4 tsp yeast

**Whole Wheat Bread**

- 3/4 cup water
- 3 Tbsp oil or butter
- 1 egg
- 2 Tbsp sugar
- 1 tsp salt
- 2 cup white bread flour
- 1 cup whole wheat flour
- 1 1/2 tsp yeast

**Spelt Bread**

- 1 cup water
- 2 Tbsp butter
- 1 egg
- 2 Tbsp sugar
- 1 tsp salt
- 2 Tbsp dry milk powder
- 1 Tbsp gluten flour
- 3 1/2 cup spelt flour
- 1 1/4 tsp yeast



These are original Cherry Beams and belts being used.



The mill in 1819 was built.

Gladys Graham (in front),  
Dor Monteth (middle),  
Joan McLandress (back)

out members + husbands.

Dorcas, Kay Lilly, Kay Wente, Bill Matthews

