

Celebrating Something?

If you're planning a celebration, consider the helping hands of Parks kitchen. We prepare the most indulgent dessert trays and other after dinner goodies. (For some reason, we always think of the dessert part first.) We also arrange meat platters and vegetable trays, create refreshing salads, and bake the freshest breads: from tender, buttery croissants to pumpnickel loaves. Did we mention the pies and cakes we bake? Feel free to ask for our help in menu-planning your special occasion, then leave the kitchen challenge to us.

Blueberry Lemon Mousse Pie

CRUST:

1 cup all purpose flour
2 Tbsp. icing sugar
1/2 cup butter
Cut butter into flour and icing sugar mix until it resembles coarse meal. Press into 9" pie pan
Bake 8-10 min. at 425°F.

FILLING:

1 envelope unflavoured gelatin
1/4 cup cold water
3 egg yolks
3/4 cup white sugar
3/4 cup lemon juice
1 Tbsp. grated lemon peel
1 1/2 cups whipping cream
2 cups Parks Blueberries

Sprinkle gelatin over cold water in saucepan. Let stand 5 min. Heat gently to dissolve. In separate pan, beat yolks with sugar, juice and peel. Cook until slightly thickened. Stir in gelatin. Cool to almost room temperature. Beat cream until peaks form. Fold into cooled lemon mixture. Sprinkle berries onto crust. Pour on mousse. Refrigerate to set.
GARNISH: Whip 1/2 cup cream with 2 Tbsp. rum, and 2 Tbsp. icing sugar until stiff. Pipe onto mousse. Use 1 cup blueberries and sliced lemon to decorate.



13 1/2 KAY WAITE, 3 DOT MONTEITH, HELEN VAN BRENIK, 4 JOAN McLANDRESS 5 MARY LAPADAT.

Wallacetown W.I. visits Blueberry farm

On May 7th twelve members of Wallacetown Women's Institute and one small guest paid a visit to Parks Blueberry Farm. The tour was arranged by program convenor, Darlene Ford.

Members browsed and purchased interesting items from the craft and bake barn shop. Co-owner Diane Parks gave an interesting and informative talk on the growing of blueberries. The Park family has been in the blueberry business for 21 years, surviving the tornado in 1994 when the rear section of the barn was demolished. Diane was seriously hurt being buried under the rubble. She required seven hours of surgery. The barn was rebuilt in 1995, Diane recovered and the business is flourishing.

Blueberries require acid soil. Bushes take ten years to reach maturity and if pruned properly will live for over 100 years. Pruning may cost up to \$500.00 an acre. One acre of bushes may yield 2-1/2 tons or 10,000 bushels of berries. About 35 hives, each containing about 40,000 bumble bees, are brought in each year for pollination. The berries need sun and water. Irrigation is necessary on the Park Farm.

Blueberries have several enemies. Invading birds are frightened off with propane bangers or with English Setter dogs and patrolling workers. Bushes are sprayed for insect pests and fungus.

The harvest usually begins in mid-July and lasts 6-8 weeks. Each bush has a potential yield of 5000 berries.

Diane commended the fine staff working at the Parks' farm, those who serve customers in the barn-shop, those who bake the delicious pies and other goodies and those who work in the fields. To end her presentation Diane led members on a short tour to examine the blueberry bushes which are now in

full bloom. She explained the eventual formation of the berries from the blossoms. Members thanked Diane for taking her precious time to graciously show them the fascinating operation of a blueberry farm.

Following the tour and business meeting Darlene Ford presented her program. Using a favourite book entitled, "Simple Abundance", Darlene developed her motto, "What can you expect on a day that starts with getting up?" Darlene read several excerpts from this interesting little book compiled by Sarah Ban Breathnach.

The ladies were reminded of the next meeting to be held at Wallacetown Hall on June 4th. Gayle

Johnston from the L Association in London be guest speaker.



Fair Board Dinner Oct 2nd 1998
 Wallacetown WI members part
 it on. 1/ Dot Monteith 2/ Kay Waite
 3/ Joan McLandress & Dorothy Lamb 4/ Kathy
 Minnema 5/ Marjorie Ripley, 7/ Ruby McJugan
 Back Row, 1/ Joan Johnson, 2/ Louie Lockey 3/ Helen Van B...



Saturday Oct 2nd 1999. Theme —
 1999 International Year of the Older
 Persons. Wallacetown WI won 2nd
 for the display. 1/ Kay Waite, 2/ Louie Lockey



Kay Waite

Louie

Lockey

Saturday September
 30th / 2000.

Xmas in the Millennium
 Theme over the last
 100 yrs of Christmas.
 Wallacetown W.I
 Came in first.

10th Dec 1998

Back to us,
1 Sally M'Intyre, 2 Joan Johnson, 3 Kay Waite

4 Mary Lapadat, 5 Gladys Graham, 6 Kathy

Minnema, 7 Ruby M'Gugan, 8 Marjorie Ripley

9 Kay Lilley, 10 Joan M'Landress, 11 Lennie

Lachey, 12 Darlene Ford, 13 Ruth

Ferguson, 14 Marlene Moore

Wallacetown W.I. Christmas meeting

The December meeting of the Wallacetown Women's Institute was held at the home of Kathy Minnema on December 10th, with 13 members present and three guests. A bountiful potluck dinner was enjoyed by everyone with all the trimmings of the season.

Helen Van Brenk and Kathy were the convenors for the day.

Kathy read two poems and the roll call "What makes Christmas special for you" was answered with family, friends, stockings on bed, opening gifts after chores were finished, eating breakfast first and carols.

The guest speaker of the day was Rev. Ann Mills from the Church of England, the Anglican Church of Canada. She opened with a poem and everyone was to write down the country and its tradition. Joan Johnston had the most answers correct and Kathy followed closely. They both received a gift.

Next was the meaning behind some symbols of Christmas.

The poinsettia is the Christmas flower. It began in Mexico when two little brothers going to a church gathering on Christmas eve, one stopped to help a stranger in need. The other going on to church has nothing to give so picks a wild

flower growing outside the church.

St. Nicolaas was a Roman Catholic priest who was secretly giving gifts of money to the children in need. Mistletoe is simply the symbol of peace. Santa lives at the North Pole because it is surrounded by water so he belongs to no one.

Those present played a guessing game of remembering what six things were taken away. Kay Waite and Darlene Ford were the winners of this game, each receiving a gift.

Many countries celebrate at different times and in many different ways.

Portugal celebrates on January 6th - Bethlehem children believe three wise men bring gifts and they leave barley for the camels.

In Italy, a witch brings gifts on the eve of Bethlehem and in Mexico they celebrate December 16th to the 25th. It took Mary and Joseph 9 days to get to Bethlehem. On December 13th, in Switzerland, the oldest daughter rises early to bring drinks and cakes to everyone in the family. In Holland, St. Nicolaas comes on December 6th to bring gifts and Christmas Day is a religious day.

Everyone made a heart tree ornament. Helen thanked Rev. Mills and presented her with a gift.

The business portion of the meeting was brief, and donations were given to charities in the community. Merry Christmas everyone.



1 Mary Lapadat, 2 Rev Anne Mills, 3 Kay Waite,
4 Joan Johnson, 5 Sally M'Intyre, 6 Marlene Moore (Editor of the Sutton Advance)



Wallacetown
Women's Institute

PROGRAM

1982 - 1983

ELGIN WEST DISTRICT

Motto — "For Home and Country"

Meetings — First Thursday of Each Month

INSTITUTE ODE

A goodly thing it is to meet
In Friendship's circle bright,
Where nothing stains the pleasure sweet,
Nor dims the radiant light.
No unkind word our lips shall pass
No envy sour the mind:
But each shall seek the common weal —
The good of all mankind.



Wallacetown
Women's Institute

PROGRAM

1981 - 1982

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